

CITY CENTRE CLINIC



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LET'S BEAT ADDICTION TOGETHER



OUR MISSION STATEMENT

Our mission at City Centre Clinic & Pharmacy is to provide compassionate, holistic medical treatment to marginalized individuals struggling with the debilitating effects of addictive disorders and mental health issues, empowering them to begin a lifelong journey toward recovery, healing, and fulfillment. By working collaboratively, our dedicated team of pharmacists, psychiatrists, nurses and other healthcare professionals is committed to building trust and a renewed sense of hope, joy and optimism among our clients and their families, thus contributing to the well-being and betterment of our community.

OUR COMMITMENT TO OUR CLIENTS

At City Centre Medical Clinic, we are committed to:

- Accessibility: We are open seven days a week
- Ensuring our clients have timely access to essential services
- Offering same-day medical appointments, psychiatric counseling, physicals, bloodwork, vaccinations, housing advice and addiction treatment seven days a week
- Transparency, openness and integrity
- Collaborative programs integrating addiction and mental health treatment with primary care
- Breaking down systemic barriers to support Indigenous and LGBTQ 2s+ communities
- Holistic approaches for better clinical outcomes and improved well-being
- Personalized care tailored to individual needs
- Creating a supportive environment for individuals and their families
- Evidence-based practices for effective and compassionate care
- Supporting individuals and their families on their journey toward recovery
- Contributing to the well-being of the broader community
- Offering access to telemedicine to patients who can't visit out clinic

About Us

Why would two longtime friends from India move half a world away to launch a pharmacy and medical clinic serving Edmonton's most marginalized citizens?

Our story starts at a high school in India where the two of us – Gaurav Sharma and Sidharth (Sid) Arora – first met more than 20 years ago. We both decided to pursue careers in pharmacy, and by 2012, after completing our studies in Toronto, we began our careers at a major drugstore chain in Edmonton.

That is where we first encountered the challenges faced by people struggling with addictions, mental health issues and often, unstable housing. We did our best to support them, but we lacked the resources to address their complex social, psychological and health issues.

We knew there had to be a better way, so we quit our secure, full-time jobs and launched City Centre Clinic & Pharmacy in early 2020. Our vision? To create a welcoming space in the city core that offers comprehensive, non-judgemental, compassionate care to those most in need.

Today, our dedicated team of expert healthcare professionals includes pharmacists, a consulting psychiatrist, physicians who specialize in addictions medicine, pharmacy techs, a nurse practitioner, and outreach workers. We offer same-day medical appointments, psychiatric counseling, physicals, bloodwork, vaccinations, housing advice and addiction treatment seven days a week.

Dr. Pierre Chue, who serves as Consulting Psychiatrist, Telemental Health and Facilities Community Team, Addictions and Mental Health, Alberta Health Services, consults with clients at our clinic every week.

"In our increasingly challenging environment, City Centre Medical Clinic & Pharmacy represents a beacon of hope, guiding individuals along their mental health journey and towards a better future. I unreservedly endorse their services," he says.

Scott Phillips, Faculty General Manager for the School of Public Health at the University of Alberta, puts it this way: "Not only do the staff provide holistic, individualized, and comprehensive care every day of the week to some of the most disadvantaged populations in Edmonton, but no patient is ever turned away."

Now that City Centre Clinic & Pharmacy has completed three years of operation, our goal in 2024 is to add a second location in the city, so we can help more of our most vulnerable citizens live happy, productive lives and contribute to the well-being of our entire community.

Sincerely,
Gaurav Sharma & Sid Arora

TESTIMONIALS

"I highly recommend the services of the City Centre Pharmacy and Medical Clinic to individuals seeking help in downtown Edmonton. Not only do they provide holistic, individualised, and comprehensive care



every day of the week to some of the most disadvantaged populations in Edmonton, but no patient is ever turned away. Everyone is professionals including pharmacists, nurse practitioners, addiction medicine specialists and a psychiatrist. I am confident in referring patients to City Centre Medical Clinic & Pharmacy knowing that the staff will go above and beyond to provide care and support."

Dr. Pierre Chue MBBCh, FRCPsych, LMCC, FRCPC, DABPN, MSc, CCST

Professor & Clinical Director of International Trainees, Faculty of Medicine and Dentistry, Adjunct Academic Colleague, Faculty of Pharmacy & Pharmaceutical Science, University of Alberta, Edmonton Adjunct Academic Staff, Dalhousie University, Halifax, Nova Scotia

"I highly recommend City Centre Clinic and Pharmacy, a partner I've had the honour of collaborating with in the fields of pharmaceutical research and community nonprofit initiatives. Our successful research trial,



leveraging their clinical space and exceptional pharmaceutical expertise, is a testament to their capabilities. They have built remarkable relationships with nonprofits by providing access to high-quality clinical and pharmaceutical services. Additionally, their significant contributions to assisting individuals through improved physician access and comprehensive services underscores their pivotal role in the addiction and mental health services community in Edmonton."

Scott Phillips, MBA, CPA, CMA

Faculty General Manager, School of Public Health, University of Alberta

Chief Operating Officer, Zylorion Health Inc. Treasurer, Our House Addiction Recovery Centre

"My colleagues and I have had the pleasure of working with City Centre Clinic & Pharmacy since 2022, when they reached out to us through a shelter that we run for 2SLGBTQ+ youth who are experiencing uniquely challenging barriers in life. Since that time, City Centre Clinic & Pharmacy and its consulting psychiatrist, Dr. Pierre Chue, have been invaluable in expediting access for our youth to medical assessments and prescriptions. Many of our youth are couch surfing or living rough, which makes it very

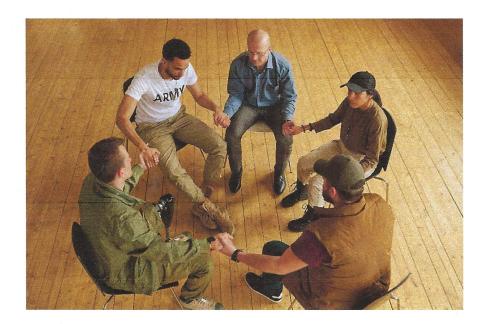


difficult for them to make and keep appointments, as well as to access and safely store their medications. City Centre Clinic & Pharmacy staff have been very accommodating in scheduling immediate appointments, and rescheduling as needed if things change, as well as delivering medications to our youth on site. This has helped improve the health of many of our youth substantially, even allowing some to function well enough to be housed. We are so grateful for their caring approach and their flexibility, and for the

genuine respect they show the youth we work with."

Glynnis Lieb, PhD

Executive Director, Fyrefly Institute for Gender and Sexual Diversity Faculty of Education, University of Alberta

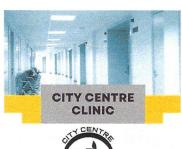


Patient Testimonials:

"This City centre clinic and pharmacy literally saved my life. I have been off opioids and on suboxone for over a year. No more withdrawal, craving or wasting money on drugs. Very helpful staff." - **Jeffrey Best**

"The staff always treat everyone that comes in with kindness. It's nice to see compared to some places I've seen. They always do their best to get you in within a reasonable amount of time. I've always had great experiences with them. I've been with the clinic for the past almost one year now." - **Crystal Stebbings**

"Very professional and caring staff goes above and beyond to ensure that you are very well taken care of. Great communication with them and the pharmacy to handle all of your healthcare needs." - **Mervin Andrews**





The Disorders We Treat at City Centre Medical Clinic



Opioid Use Disorder



Stimulant Use Disorder



Alcohol Use Disorder



Tobacco Use Disorder



Co-occurring Substance Use Disorders



Concurrent Disorders



Cannabis Use Disorder

CITY CENTRE'S TEAM OF DEDICATED **MEDICAL PROFESSIONALS:**

Dr. Pierre Chue

MBBCh, FRCPsych, LMCC, FRCPC, DABPN, MSc, CCST Professor & Clinical Director of International Trainees, Faculty of Medicine and Dentistry, Adjunct Academic Colleague, Faculty of Pharmacy & Pharmaceutical Science, University of Alberta, Edmonton

Adjunct Academic Staff, Dalhousie University,

Halifax. Nova Scotia

Dr. S. Chakravarty

Anesthesiologist & Addiction Physician ISAM Certified (International Society of Addiction Medicine) International member- American Society of Addiction Medicine (ASAM)

Dr. Chris Kibonge

Addiction & Family Medicine Physician Has practiced in B.C. and Alberta Previously with World Health Organization & **Doctors Without Borders**

Gaurav Sharma

Bsc Pharmacy, Director

Sid Arora

Bsc Pharmacy, Director

Ankit Sharma

Registered APA Pharmacist

Saguftabanu Radhanpuri

Prescribing Pharmacist

Afshan Badar

Pharmacist

Warisdeep Singh

Pharmacy Assistant

Milan Patel

Pharmacy Assistant

Lorie Liberato

Pharmacy Assistant

M. Dana Magureanu

Nurse Practitioner

Angie Adams

Patient Outreach & Supports Specialist

Nisha Patel

Medical Office Assistant

Corev

Outreach Worker

HOW TO CONTACT US:

Contact us for any queries or concerns. Our team is ready to assist you with the highest level of service and professionalism.

We are open seven days a week:

Monday to Friday

9:00 a.m. to 6:30 p.m.

Saturday and Sunday
Saturday and Sunday
10:00 a.m. to 3:00 p.m.

Our Downtown Address

10264 100 Street NW, Edmonton, AB, T5J 5C2 (immediately west of Edmonton City Hall)

Email Us At:

info@citycentreclinic.net

Call Us At:

+1 (587) 414-5000 Ext: 1

Medical Clinic Fax:

(780) 401-3469

Pharmacy Fax:

(587) 414-2557

