Equine Assisted Learning

What is Equine Assisted Learning?

Experience Equine Assisted Learning, an educational journey driven by learners and horses.

Engage in purposeful activities designed to foster personal growth and skills development.

Our approach is proven effective, positive, and enriching, offering validated, hands-on experiences that boost self-confidence and empower individuals.

Why Horses?

Harness the transformative power of horses in our workshops. Renowned for fostering social, emotional, cognitive, and physical skills, horses provide invaluable feedback without judgment. Their honest and immediate responses empower individuals to listen, learn, and catalyse personal growth.

Discover the profound teaching qualities of horses in our workshops.

Here's Why They Excel:

- Empowering
- Inspiring
- Genuine feedback
- Horses seek strong leadership
- Majestic beings
- Herd community is similar to the human
- Herd dynamics mirror human relationships
- Enhance confidence and self-esteem
- Responsive and perceptive



Is this therapy?

Our program emphasises skill development for life progression, including effective communication techniques using both verbal and nonverbal cues. While our horse-assisted learning workshops facilitate enhanced interpersonal interaction, confidence building, and problem-solving skills, it is important to note that our approach is not therapy-oriented.



Unforgetable Your organisation for their daily lives. At the ensure our objective.

POSITIVE CHANGE

Your organisation focuses on facilitating the transition of clients, students, or patients back into their daily lives. At the core of this transition are essential life skills, and we partner with you to ensure our objectives align with yours. Our horses serve as unparalleled instructors in mastering these skills, emphasising personal leadership and practical application.

Who's the Brain

Articulation

Communication

Appropriate

Assertiveness

Building

Relationships

Understanding

Your Teacher



What the participants will learn is important; however, what they remember from this program is priceless!

We ensure a structured approach to learning through Fundamental Principles and Form of Delivery, ensuring measurable outcomes.

The skills acquired extend beyond the arena, seamlessly integrating into everyday life. Our programs parallel objectives with real-world scenarios, empowering clients to reintegrate successfully into their intended paths.



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Orientation

Understanding Your Teacher Starting the Journey

Building Relationships

Understanding Your Teacher **Circuit Training**

Appropriate Assertiveness

Building Relationships

Understanding Your Teacher Push Me Pull You

Communication

Appropriate Assertiveness

Building Relationships

Understanding Your Teacher Silent Communication

Body Language

Articulation

Communication

Appropriate Assertiveness

Building Relationships

Understanding Your Teacher Blindman's Adventure

Trust

Body Language

Articulation

Communication

Appropriate Assertiveness

Building Relationships

Understanding
Your Teacher

It's All Up To You

Choices

Trust

Body Language

Articulation

Communication

Appropriate Assertiveness

Building Relationships

Understanding Your Teacher

Engaging with horses leaves a lasting impression, far surpassing traditional classroom settings. Our Building Block Curriculum programs meticulously develop one skill per week, reinforcing and expanding on these foundations as participants progress. Led by our Certified EAL Facilitators and equine partners, attendees cultivate robust, enduring skills applicable to interpersonal interactions, decision-making, and navigating life's complexities.

Empower Your Team with Essential Tools and Strategies.

Our team-building programs equip participants with practical skills to navigate challenges, make informed decisions, and overcome obstacles. By enhancing communication and problem-solving abilities, teams become more cohesive, productive, and aligned with organisational objectives.

Experience tangible improvements in loyalty, productivity, and bottom-line results.

Harness the Power of Equine-Assisted Learning for Lasting Results.

Working with horses provides a transformative training experience, creating indelible memories that resonate long after the workshop ends. Unlike conventional classroom settings, this unique approach leaves a lasting impression, ensuring participants retain and apply newfound skills effectively. Witness immediate and sustainable improvements in teamwork, leadership, and overall organisational performance.

Get your team out of the office and build the skills needed for success!

Corporate and Team Building Workshops



Unlock Leadership Potential with our Unique Equine-Assisted Corporate and Team Building Workshops. Our programs feature HORSE teachers, offering unparalleled insights without riding.

Through objectively driven exercises, we foster trust, collaboration, and communication in a non-competitive atmosphere, unlike traditional team-building options. Participants gain individual and team-based skills vital for personal and professional growth. We tailor each experience to meet your company's specific objectives and goals, ensuring maximum impact.



Happiness and Well-Being

Unlike quick fixes, this workshop offers a holistic process of self-exploration. Through meaningful interactions with our equine partners, you'll witness the undeniable honesty of these sentient beings. They'll guide you through life's chaos, unveiling the authentic parts of yourself that lie beneath the surface.

Together, we'll navigate towards alignment with your true self, empowering you to live authentically and in tune with your deepest desires.





Experience the transformative power of our Authentic You Women's Workshop, tailored for those seeking positive change, connect with like-minded individuals, and personal growth.

Over two days, immerse yourself in an enriching journey of self-discovery alongside fellow women.

Harness the unique insights offered by our equine partners to unveil the authentic YOU, hidden within. No riding involved- just meaningful interactions and profound revelations to guide you on your path to self-understanding and empowerment.

At the end of the day, we all want to feel confident in who we are, our uniqueness is what makes us special.

